

Year 7 Long Term Plan

Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
<p>Transition to Co-op Academy Florence MacWilliams Dealing with change Personal safety around the academy and travelling to and from the academy. First Aid. Establishing healthy friendships. Study skills, ambition, self awareness and goal setting.</p>	<p>Careers Exploring pathways understanding the links between the individual and possible career paths Work-life balance and entrepreneurship Careers in the future, preparing for an ever changing job market</p>	<p>Diversity and inclusion Protected characteristics Creating an inclusive school community British Values, precious liberties Prejudice, stereotypes and discrimination. Critical thinking and tolerance Bullying and child on child abuse</p>	<p>Healthy routines and personal hygiene Genital and menstrual health Dental health, physical activity and sleep Antimicrobial resistance Diet and nutrition</p>	<p>Self-worth, romance and friendships (including online) and relationship boundaries Self-worth and a positive self image Qualities that contribute to positive relationships Signs of unhealthy relationships Media influence on relationships and body image</p>	<p>Saving, borrowing, budgeting and making financial choices Citizenship and democracy, political systems voting and parliament Financial risk, risk taking behaviour and impulsivity Financial planning</p>